

LifeShapes

Session 9 – Life in the Spirit

Key Principle: We cannot follow Jesus in our own strength, we need the Holy Spirit.

Key Scripture: Ephesians 5.18 – Be filled (go on being filled) with the Holy Spirit

This final session of LifeShapes is a little bit different. The talk ends not with discussion time/questions, but with an invitation to receive/be filled with the Holy Spirit.

- Pray a simple prayer, “Come Holy Spirit”
- Wait – allow a few minutes of silence – encourage people to sit/stand quietly, open hands ready to receive, listen to what the Holy Spirit is saying, do not speak/share prophetic words/pictures etc, just wait on the Lord
- Play a quiet worship song, ideally one that invites the Holy Spirit to come and fill our hearts – continue to wait on the Lord – receive

After the song, pray a prayer of thanks and encourage people to share what they experienced/felt God was saying. This may lead to an opportunity to pray more or to pray for individuals/lay hands on people who would like/need more prayer.

Please do feedback any thoughts on how we could improve the LifeShapes course – thanks so much for being part of it.